



SUSTAINABILITY AT KING'S

Sustainability is an important priority for Sodexo. Our "Better Tomorrow Plan" focuses on three areas:

- Protecting and restoring our environment
- Supporting our local communities
- Promoting health and wellness

Here are some examples of how we are currently put that plan into place at the University of King's College.

Protecting Our Environment

- Biodegradable containers for takeout
- Napkins made from recycled paper and dispensed one at a time to avoid waste
- Paper towel made from recycled paper
- Bulk water served in the dining room
- Rainforest Certified Coffee in all locations
- Local produce when seasonally available
- Paper, Plastics and Cardboard recycled
- Environmentally friendly ware-washing and cleaning products
- Innovative menu management software which assists in managing production and reducing waste
- Master distributors used to reduce deliveries and thus help eliminate green house gases
- Buy local wherever and whenever possible

Supporting Our Local Communities

- Annually, Sodexo has a month long program called Servathon which raises funds, collects non-perishable food items and donates time and talent of our staff to support local Food Banks and other hunger related charities.
- Annually, Sodexo, through the Sodexo Foundation and with the support of our suppliers and the donated time of our staff, partners **Feed Nova Scotia** to provide lunches during the summer months for at risk children who are without the meal that is provided during school with a program called *Feeding Our Future*. Since its inception in Canada in 2000, *Feeding Our Future* has provided approximately 520,000 meals of which **over 69,000 have been in Halifax.**

Promoting Health and Wellness

- Balance: Mind, Body, Soul program to educate students in wellness options that encompass their lifestyle as well as nutrition available at www.balancemindbodysoul.com
- Use of trans-fat free oils
- Offer low fat and reduced calorie options
- Offer 100% fruit and vegetable juices
- Offer low fat salad dressing options
- Nutrition calculator available at <http://www.balancemindbodysoul.com/balance/campus.asp> so you can calculate your daily nutrient intake