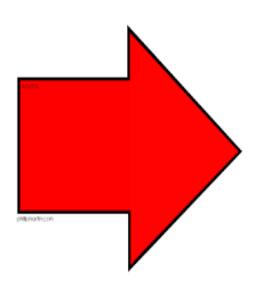
# STUDENT LIFE 101



## **GOOD FOR THE ACADEMIC YEAR 2018–2019**

# **INANEMERGENCY**

- 1. Dial 9-911 to contact emergency personnel (ambulance, fire, police).
- 2. Call Alex Hall desk at ext. 132 to alert residence staff. If you cannot reach a phone, ask a friend or bystander to call.

If the fire alarm sounds, **IMMEDIATELY VACATE THE BUILDING** and move a safe distance away. Do not return until the fire department gives permission to enter.

If you are unable to vacate the room:

- Close the door. Do not deadbolt it so that firefighters can get in. Seal door cracks with wet towels or sheets to keep out smoke.
- Stay low to the ground to prevent smoke inhalation.
- Dial 911 and let the Fire Department know where you are.
- Signal to firefighters where you are by waving out the window. Wait to be rescued.

Register your cellphone at <a href="www.DalAlert.dal.ca">www.DalAlert.dal.ca</a> to receive text messages about on-campus emergencies and storm closures.

Also, download DalSafe, an app that connects you to Dal Security Services, Tiger Patrol and campus parking as well as interactive campus maps. Visit <a href="https://www.dal.ca/dalsafe">www.dal.ca/dalsafe</a>

A first aid kit, naloxone kit and epi-pen are available at Alex Hall desk.

If there is a *violent incident* on campus, go to a safe place and lock the door. Stay away from windows and doors and call 911. Wait to be rescued.

Tampering with any fire safety equipment, including fire extinguishers, hoses, fire escapes/landings, sprinklers or disabling smoke alarms is strictly prohibited.

Weapons and dangerous goods of any kind, including pellet and replica guns, are not permitted on campus

Smoking , including e-cigarettes, is not permitted on campus.



### STUDENT TIPS

HEALTH & COUNSELING SERVICES—As a King's student you have full access to Dalhousie Health & Wellness services, including routine medical exams, anonymous STI testing and sports medicine, among many services. Dalhousie Counselling offers group workshops and confidential personal and career counselling. Appointments may be made online or by calling 902-494-2171.. Visit www.healthservices.dal.ca for more information.

HEALTH INSURANCE—Canadian students are covered under their provincial health plans and all incoming students are automatically enrolled in the university student health and dental plans. Visit www.ksu.ca for more information and to find out how to opt-out. International students are automatically enrolled in the Dalhousie International Student Health Plan. For more information call the Dalhousie International Centre at 902-494-1566.

ACADEMIC ADVISING—King's and Dalhousie offer a number of academic advising services to help ensure your academic experience is rewarding and fulfilling. For more info visit <a href="www.ukings.ca/campus-community/student-services/academic-advising">www.ukings.ca/campus-community/student-services/academic-advising</a>.

computers & PRINTING—There are computers for student use in the King's Library and Alex Hall basement level with printer access. You can print to the Alex Hall desk or King's Library using your own computer for 10 cents/page. Instructions are available at <a href="https://www.ukings.ca/campus-community/residence-dining/living-in-residence/">ukings.ca/campus-community/residence-dining/living-in-residence/</a>. Also, computer help is available by calling 902-494-2379.

INSURANCE FOR YOUR BELONGINGS—King's is not responsible for theft or loss of personal property due to fire, water or any other cause. Please store your valuables in a safe place and do not leave then unattended. You may be covered under your family personal home insurance policy.

DAY STUDENTS— The DSS (Day Students' Society) represents students living off campus, helping them integrate into campus life in the most engaging way possible, offering assistance to overcome everyday problems and organizing events. Contact them at daystudentssociety@gmail.com

### **RESIDENCE TIPS**

Booking flights home? Make sure you check the exam schedule published in October and February at www.dal.ca/academics/exam\_schedule. You must leave residence within 24 hours of your last academic commitment in December and April.

Something broken in your room? File a maintenance request (XM Request) at Alex Hall desk by calling ext.132. Persistent issues should be mentioned to your Don.

Locked out of your room? Spare room keys are available on 15 minute loan from Alex Hall desk for a \$1.00 fee.

Wondering about mail? Postal mail may be picked up at Alex Hall desk. Packages are at King's A&A reception. Check the list posted at Alex Hall desk weekdays.

Time to do some laundry? Laundry machines are located in the basements of Alex Hall, Cochran Bay and Middle Bay. You must use a preloaded card which was in your residence package on arrival, and also available at Alex Hall desk. Funds can be loaded on your card at the "Reload Station" is in the basement of King's A&A.

Want to change your meal plan? You may downgrade your meal plan until September 18, 2018. Upgrades are available throughout the year. Visit Student Accounts on the second floor of King's A&A.

Do you have special dietary needs? Please contact Celine Beland of Chartwells Dining Services at 902-422-1271 ext. 155 or visit the office in Prince Hall.

### Feeling ill and don't want to go to the dining hall?

Request a sick tray card from your Don which will allow you to receive a meal without leaving your room. Ask a friend to take the signed sick tray card and your DalCard to Prince Hall and bring you back a meal.

### MORE INFORMATION

Residence Guidelines are posted outside your Don's door and online. Make yourself aware of them!

https://ukings.ca/campus-community/ residence-dining/living-in-residence/rulesregulations