

THE UNIVERSITY OF KING'S COLLEGE AND PARKS CANADA
2019 KEJIMKUJIK NATIONAL PARK CAMPING TRIP
October 5-6, 2019

Part A. Please read and keep!

About the Camping Trip

King's College and Parks Canada is co-sponsoring a camping trip for King's students to Kejimikujik National Park on October 5 – 6, 2019.

Kejimikujik holds a very special place not only in the hearts of Nova Scotians, but in the Parks Canada system at large due to its special double designation as both a National Park *and* a National Historic Site—the only one of its kind in the country! We are thrilled to be able to offer this fall camping trip for you: we'll be hiking, canoeing, cooking, and relaxing together on the banks of the beautiful Lake Kejimikujik (and there may even be a chance to explore the night sky through telescopes)!

Parks Canada is able to provide *almost* everything you'll need for a successful trip. We've got tents, stoves, sleeping pads, and all the knick-knacks taken care of.

What we need from you (also see suggested packing list on next page);

- a sleeping bag (which can be borrowed for free from the **Dalhousie Outdoor Society** (https://daloutdoors.myturn.com/library/?fbclid=IwAR2IC5gksSIXwMc7IBjCA7yLIIvYq9bnkuntDZG-Vtfxj2pXAFDc_UXnN-Q)),
- appropriate warm clothing,
- food for two lunches and a dinner. (We recommend something easy to make with lots of protein, and ideally doesn't require much refrigeration. We'll have some extra coolers on hand for you if you do require them though.) We will be providing breakfast on the morning of October 6th.
- a flashlight (We have power on site, so you'll be able to charge your devices, but we recommend bringing along an extra flashlight so you don't have to rely on your phone for light.)

We are especially excited to offer this program free of charge; however, we do ask that you take your registration seriously. If you register and then are not able to come, we'd appreciate it if you could let us know in advance so we can open up your spot to someone else.

We can't wait to host you in one of Canada's most beautiful parks. There's no better way to kick off the fall!

Schedule (**subject to slight changes*)

October 5th

9:30 a.m.	we'll gather in the quad and prepare for the bus's arrival
10:00 a.m.	the bus will leave from the University of King's College
12:30-1:00 p.m.	we arrive at Kejimikujik and get settled at the campsite
1:00-2:30 p.m.	opening ceremonies, tent set up, and move in!
2:30-4:30 p.m.	students are welcome to either relax at the campsite or join us on a hike of the beautiful Gold Mines Trail (which will be closed permanently after this year!) relaxation time! Study, learn how to tie camping knots, and start a jam circle!
4:30-5:30 p.m.	dinner time
5:30-7:30 p.m.	campfire begins. Students will have the opportunity to join us on a 20 minute hike to take part in some night sky programming with the park.
7:30 p.m.	
11:00 p.m.	quiet hours begin

October 6th

8:00-9:30 a.m.	breakfast, polar bear dip, relaxation
9:30-10:30 a.m.	take down tents, pack up, move out
10:30-11:00 a.m.	travel to Jake's Landing
11:00-1:00 p.m.	paddle on the Mersey River (and maybe even see a beaver!)
1:00-1:30 p.m.	say goodbye to the park
1:30-4:00 p.m.	return to King's

Suggested packing list:

- Sleeping Bags (Sleeping bags will NOT be provided. If you need one, you can always borrow one for free from the Dalhousie Outdoor Society - https://daloutdoors.myturn.com/library/?fbclid=IwAR2IC5gksSIXwMc7IBjCA7yLIIvYq9bnkuntDZG-Vtlxj2pXAFDc_UXnN-Q)
- Pillow
- Suitable, comfortable clothing for the outdoors (Remember that it can be cool at night so bring a variety of clothing so that you will be able to layer for warmth.)
- Pyjamas
- Rain gear
- Comfortable and supportive shoes (You will be involved in many different activities so be prepared to be on your feet.)
- Food for one dinner, two lunches, and snacks
- Pot/Pan, plates and cutlery (we can help provide these if you need!)
- Bug spray
- Sunscreen
- Water bottles
- A hat to protect you from the sun
- Personal toiletries (towel, toothbrush, toothpaste, etc.)
- Any personal medications
- Camera
- Flashlight or headlight
- Your health card

Part B. Please detach and return to Stephanie Boudreau at the A&A Reception Desk with completed waiver, attached.

October 5 – 6, 2019 Kejimikujik National Park camping trip Registration Form

Fill out and return this form along with the attached waiver to **Stephanie Boudreau at the A&A Reception Desk** before 5pm on **Wednesday, October 2nd**. The camping trip is October 5 – 6, 2019.

*****If you are under 19, your parent/guardian must sign the waiver!** You can download a digital copy of the waiver at <https://ukings.ca/wp-content/uploads/2019/09/KejiCampingTripWaiver2019.pdf>. They can snail mail the signed waiver to Stephanie Boudreau, A & A Building, University of King's College, 6350 Coburg Road, Halifax NS B3H 2A1.

(PLEASE NOTE: WAIVER MUST BE AN ORIGINAL SIGNED DOCUMENT. SCANNED COPIES and FAXED COPIES ARE NOT ACCEPTABLE)

Student's Full Name:	
Email:	
Phone:	
Emergency contact name and number:	