

**THE 2017 PRESIDENT’S HIKE**  
Saturday, October 21

**Part A. Please read and keep!**

**About the Hike**

The Blue Mountain-Birch Cove Lakes Urban Wilderness Area is a protected wilderness region located just on the edge of the city. Many local Haligonians hike, canoe, and camp in this area. This hike is about getting to know the land in the place where you live! We head to the peak of Blue Mountain, the highest point on Halifax’s Chebucto peninsula with a beautiful view of the whole HRM. An easy day hike with opportunity to pause by the lakes, take in the views, inspect plants, observe insects, etc. At the peak, a local conservationist will speak to us about the philosophy behind the creation of this “urban wilderness” area, about our human need for the wilderness, and about the challenges of maintaining an area like this. We go rain or shine!

**Schedule** (\*subject to slight changes)

- 8:30am Meet in the Quad
- 9:00am Depart on the bus for the trail head
- 9:30am Hike the trail to the “peak” of Blue Mountain
- 10:30am Pause at the peak for a big snack and discussion with a local conservationist
- 11:30am Head for home
- 12:30am Depart trail head for the Quad
- 1:00pm Hot chocolate, tea, coffee and snacks in the President’s Lodge
- 1:30pm Continue working on your essays with renewed focus from the fresh air!

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**Part B. Please detach and return to A&A Front Desk with completed waiver, attached.**

*Fill out and return this form and the attached waiver to Stephanie Boudreau at the A&A Front Desk before 5pm on Wednesday, October 18. The hike is on Saturday, Oct 21.*

**\*\*\*If you are under 19, your parent/guardian must sign the waiver!** You can download a digital copy of the waiver at [ukings.ca/presidents-hike](http://ukings.ca/presidents-hike). They can email the signed waiver to [stephanie.boudreau@ukings.ca](mailto:stephanie.boudreau@ukings.ca) or fax it to 902-423-3357.

Full Name:	
Email:	
Phone:	
Emergency contact name and number:	

Questions? Contact Karis at [karis.tees@ukings.ca](mailto:karis.tees@ukings.ca)