

THE 2019 PRESIDENT'S HIKE

Saturday, October 19, 2019

Part A. Please read and keep!

About the Hike

The Blue Mountain-Birch Cove Lakes Urban Wilderness Area is a protected wilderness region located just on the edge of the city. Many local Haligonians hike, canoe, and camp in this area. This hike is about getting to know the land in the place where you live! An easy day hike with opportunity to pause by the lakes, take in the views, inspect plants, observe insects, etc. Chris Miller and Caitlin Grady from the Canadian Parks and Wilderness Society will lead us. Please wear appropriate clothing and bring water, snacks and/or a lunch. We go rain or shine!

Schedule (*subject to slight changes)

9:00 a.m. Meet in the Quad
9:30 a.m. Depart on the bus for the trail head
10:00 a.m. Begin the hike in the Blue Mountain-Birch Cove Lakes Urban Wilderness Area
11:00 a.m. Pause to enjoy your snack/lunch and a discussion with local conservationists
12:00 p.m. Head down the trail
1:00 p.m. Depart trail for the Quad
2:00 p.m. Hot chocolate and cookies in Prince Hall

Part B. Please detach and return to A&A Front Desk with completed waiver, attached.

Fill out and return this form and the attached waiver to **Pamela Hazel** in the President's Office (2nd floor, A&A Building) or with **Stephanie Boudreau** at the A&A Front Desk before 5:00 p.m. on Wednesday, October 16. The hike is on Saturday, October 19.

*****If you are 18 or under, your parent/guardian must sign the waiver!** You can download a digital copy of the waiver at <https://ukings.ca/events/presidents-hike-2019/>. Waivers can be mailed to Pamela Hazel, 6350 Coburg Road, Halifax NS B3H 2A1

(PLEASE NOTE: WAIVER MUST BE AN ORIGINAL SIGNED DOCUMENT. SCANNED/EMAILED COPIES and FAXED COPIES ARE NOT ACCEPTABLE)

Full Name:	
Email:	
Phone:	
Emergency contact name and number:	